

*Full Itinerary*

## PORTUGAL'S SEASIDE, SOUL & SAUDADE EUROPEAN COLLECTION



TALK TO OUR WELL  
TRAVELLED TEAM OF  
EXPERTS

0844 3350 197

Monday to Friday 09:00 - 18:00  
GMT



### JOURNEY SNAPSHOT

**ACTIVITY LEVEL:**

Level 2

**DESTINATION:**

Portugal Seaside, Soul & Saudade  
European Collection

**DURATION:**

7 days / 6 nights

**FLIGHT INFORMATION:**

Please arrange your flights to arrive into  
Humberto Delgado Airport, Lisbon [LIS] on Day  
1 and to depart on Day 7

**PICKUP LOCATION:**

## OVERVIEW

September 2027

Portugal Seaside, Soul & Saudade

Cascais is the ultimate base from which to explore the Lisbon area in the heart of Portugal, seamlessly blending the upscale charm of a historic royal riviera with the raw, dramatic beauty of the Atlantic coast. On this tour you will wander through the fairytale, mist-shrouded palaces of Sintra and explore jaw-dropping UNESCO World Heritage sites. You will step into the kitchen for a private cookery class to master the art of baking Portugal's legendary, warm pastel de nata. As night falls on our final evening together, the experience deepens with an unforgettable, soulful evening of traditional Fado music and vibrant folklore dining. This is a seamless, ocean-breezed itinerary designed to capture the true spirit, flavours, and coastline of Portugal.

The Big Journey Company's new European Collection integrates excellent dining, the flexibility of premium self-catering accommodations, and immersive excursions led by expert Tour Directors to deliver an uncompromisingly high standard of travel.

## ITINERARY SUMMARY

**DAY 1** - Welcome to Portugal

**DAY 2** - Medieval Sintra & Cascais

**DAY 3** - Explore Lisbon & Cookery Class

**DAY 4** - Fatima, Batalha, Nazare & Obidos

**DAY 5** - Evora & Wine Tasting

**DAY 6** - Coastal Cruise & Fado & Folklore evening

**DAY 7** - Até breve, Portugal

## FULL ITINERARY

### DAY 1 - WELCOME TO PORTUGAL

On arrival at Humberto Delgado Airport, Lisbon you will be met by your driver for your private transfer to the resort.

After check-in, the rest of the day is at leisure to enjoy the facilities at the resort before joining together for a welcome dinner together this evening.

**Included meals:** Welcome Dinner

**Accommodation:** Cascais

### DAY 2 - MEDIEVAL SINTRA & CASCAIS

This morning we will visit one of most beautiful regions in all of Portugal - Sintra. In the pine-covered Sintra mountains sits a magnificent medieval village with its 14th century Royal Palace. Sintra served as the summer residence for Portuguese Kings and nobility for centuries. After some time spent exploring this UNESCO World Heritage town, we will enjoy lunch together.

This afternoon we continue towards the famous Guincho beach. This wild, rugged stretch of Atlantic coastline is part of the spectacular Sintra-Cascais Natural Park. It's dramatic sand dunes, vast golden sands, and crashing ocean waves make it a popular beach for surfing and for strolling along taking in the view. We will enjoy some time here before following the coastal road to return to Cascais for an evening spent at leisure.

**Included meals:** Lunch

**Accommodation:** Cascais

### DAY 3 - EXPLORE LISBON & COOKERY CLASS

We will enjoy a panoramic city tour before exploring Lisbon further together on foot. We will visit the breathtaking UNESCO World Heritage site in the area around Jeronimo's Monastery. A short walk along the waterfront leads us to the iconic Belem Tower where we will learn more about Lisbon's Moorish history. There will be some free time for lunch and for further exploring your own interests.

This afternoon we will learn some of the secrets of Portugal's most famous dessert- the Pastel de Nata. We will join a cookery class to produce our own versions of this legendary egg custard tart, rolling the laminated pastry, making the custard from scratch, and torching them in high-heat ovens.

### DAY 4 - FATIMA, BATALHA, NAZARE & OBIDOS

Today's itinerary is the ultimate Portuguese cultural day trip. It perfectly balances spiritual history, amazing architecture, wild coastal nature, and a medieval fairytale village—all located within a day's travel of our resort.

We begin in Obidos, exploring together inside the fully intact town stone walls. Óbidos is a town that was traditionally gifted by Portuguese kings to their queens. Here we wander down cobblestone streets lined with whitewashed houses draped in vibrant bougainvillea.

Next stop will be in the picturesque and colorful fishing village of Nazare with its traditions and legends. After a short walking exploration, here will be some time here for a lunch together to enjoy the seafood and scenery before continuing on to Batalha,

We come to Batalha to admire the Batalha Monastery, a UNESCO World Heritage masterpiece built to celebrate a historic victory over Castile in 1385. Bring your camera for spectacular shots of the soaring gothic architecture against the blue sky.

Final stop for today is in serene Fatima, where the massive plaza is twice the size of St. Peter's Square in Rome. Here we can view the sleek, modern Basilica of the Holy Trinity to enjoy the peace and serenity of Fatima before we return to Cascais for an evening at leisure.

**Included meals:** Lunch

### DAY 5 - EVORA & WINE TASTING

Évora is a stunning, open-air museum city and the historic capital of Portugal's sun-drenched Alentejo region. This beautifully preserved ancient city is enclosed by 14th-century medieval walls and boasts a rich tapestry of history stretching back over 2,000 years.

We will spend some time exploring that history together on foot this morning before enjoying lunch together and local wine-tasting. Alentejo is a world-class wine region celebrated for producing some of Portugal's richest, most full-bodied red wines.

**Included meals:** Lunch

## DAY 6 - COASTAL CRUISE & FADO & FOLKLORE EVENING

This morning we head out from the harbour at Cascais to enjoy a coastal cruise for an exclusive and relaxing perspective away from the crowds before an afternoon spent at leisure.

This evening, we will experience one of Portugal's most famous musical genres- dining out at a Fado & Folklore Show, combining Lisbon's UNESCO-listed Fado with vibrant, energetic folk dances from all across rural Portugal.

**Included meals:** Farewell Fado & Folklore Dinner

## DAY 7 - ATÉ BREVE, PORTUGAL

Sadly, it's the end of our Portugal exploration. You will be transferred to Lisbon airport for onwards travel this morning. Why not travel a little further with the Big Journey Company and join us on our 4 day tour extension to Porto?

For those guests joining us on the 4 day tour extension to Porto, we will be met at the resort this morning for onwards travel together.

## WHAT'S INCLUDED

- Airport transfers included (subject to arriving/departing at the designated airport and staying at the tour hotel on the official tour dates)
- Self-catering accommodation as detailed in the itinerary
- Transportation to and from all the events and activities as detailed in the itinerary
- All activities, visits, guides and excursions as detailed in the itinerary
- Meals as detailed in the itinerary
- Services of a Big Journey Company Tour Director (subject to minimum numbers being reached)

## WHAT'S NOT INCLUDED

- International return flights to/from Humberto Delgado Airport, Lisbon [LIS]
- Airport transfers outside the tour dates or scheduled times or to/from stations
- Visas, travel or medical insurance
- Any personal items and anything not mentioned under included in price above
- Any food and beverage not detailed in the itinerary
- Entrance fees to non-stipulated attractions
- Any optional activities offered
- Gratuities

## IMPORTANT INFORMATION

- **Please note, flights to/from Portugal are not included in this package. The Big Journey Company would be happy to provide a quotation for your flights - please contact us for further details**
- Please let The Big Journey Company know prior to travelling if you have any medical needs or take any medication that we need to be made aware of to ensure that you have a safe and pleasant tour.
- Check in is after 2pm and check out is before 11am unless otherwise specified in the itinerary.
- Cancellation 90 – 0 days prior to departure cancellation fee is 100%. It is your responsibility to ensure the correct travel insurance in place to protect you against the need to cancel your holiday. Deposits are non-refundable and final payments are due 14 weeks prior to departure.
- Further terms and conditions apply and will be provided upon request or at the time of booking. The Big Journey Company reserves the right to withdraw any offer prior to accepting a reservation request. This does not affect your statutory rights. This offer is subject to availability and space is limited.

## BOOK YOUR JOURNEY

*Choose from the list of dates below*

*Call to Book*

**0844 3350 197**

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